

# From Conflict to Collaboration



## STEADFAST A COMMUNICATION PRACTICE

JUNE 20-22, 2014

A COLLABORATION BETWEEN ROCKROSE INSTITUTE  
AND INSTITUTE FOR HEALTHCARE COMMUNICATION



### What is it?

This hands-on experience will provide a unique opportunity to increase your capacity to handle conflict and to practice collaborative leadership, all while working with horses.

The course is designed to be equally powerful to those more or less experienced with horses.

### Why horses?

- Because of their size and power, horses often elicit fear or desire to dominate, providing us the opportunity to face and move beyond our reactions.
- Communicating with horses requires us to understand a completely different language, thus increasing our ability to bridge differences.
- Horses have the unique ability to “mirror” us, allowing us to see ourselves and others with fresh eyes.
- Working with horses requires us to practice collaborative leadership, understanding that (because of their size) nothing will happen without their trust.

### What happens?

Partnered with another participant and a horse, you will focus on how you communicate verbally and through body language while doing physical exercise—individually, with a partner, and in teams.

You will learn to identify and shift emotional responses and behavior patterns that inhibit connection. Through varied tools and practices, you will learn to see openings, bridge obstacles, and build inclusive collaborations. And you will have fun!

### Facilitators

**MAJA KRISTIN**, a lawyer and mediator, has been a student and teacher of conflict resolution for thirty years. As a creator of STEADFAST, she combines this expertise with her thirty years of horsemanship.

**KATHLEEN BONVICINI** is chief executive officer of the Institute for Healthcare Communication, a non-profit organization that provides relationship-building and communication training to clinicians and healthcare teams in both human and veterinary medicine.

*Reserve your spot by April 10!*

\*Class size is limited to 12  
Limited scholarships available

#### REGISTRATION\*

Contact Mary Barrett  
(800) 800-5907  
mbarrett@healthcarecomm.org

#### INFORMATION

\$600.00 (horses provided)  
Proceeds donated to  
Institute for Healthcare Communication

#### SCHEDULE

Friday, June 20, 1:30 p.m.-4:00 p.m.  
Saturday, June 21, 9:00 a.m.-4:00 p.m.  
Sunday, June 22, 9:00 a.m.-12:00 noon

#### LOCATION

RockRose Ranch, Nicasio, California  
(Marin County)

#### ACCOMODATIONS

##### Alta Olema Inn

(415) 633-9559  
www.theolemainn.com \$225/night

##### Point Reyes Seashore Lodge

(800) 404-5634  
www.pointreyesseashore.com  
\$145-\$295/night

##### Roundstone Inn

(415) 633-1020  
www.roundstonefarm.com



Maja Kristin

Kathleen Bonvicini