

# From Conflict to Collaboration

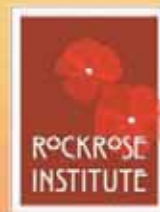


## STEADFAST

A COMMUNICATION PRACTICE

**JUNE 22-24, 2012**

**A COLLABORATION BETWEEN ROCKROSE INSTITUTE  
AND INSTITUTE FOR HEALTHCARE COMMUNICATION**



### What is it?

This hands-on experience will provide a unique opportunity to increase your capacity to handle conflict and to practice collaborative leadership, all while working with horses.

The course is designed to be equally powerful for those more or less experienced with horses.

### Why horses?

- Because of their size and power, horses often elicit fear or desire to dominate, providing us the opportunity to face and move beyond our reactions.
- Communicating with horses requires us to understand a completely different language, thus increasing our ability to bridge differences.
- Horses have the unique ability to “mirror” us, allowing us to see ourselves and others with fresh eyes.
- Working with horses requires us to practice collaborative leadership, understanding that (because of their size) nothing will happen without their trust.

### What happens?

Partnered with another participant and a horse, you will communicate verbally and through body language while doing physical exercises - individually, with a partner and in teams.

You will learn to identify and shift emotional responses and behavior patterns that inhibit connection. Through varied tools and practices, you will learn to see openings, bridge obstacles, and build inclusive collaborations. And you will have fun!

### Facilitators

**MAJA RAMSEY**, a lawyer and mediator, has been a student and teacher of conflict resolution for 30 years. As creator of STEADFAST, she combines this expertise with her 30 years of horsemanship.

**KATHLEEN BONVICINI** is Chief Executive Officer of the Institute for Healthcare Communication, a non-profit organization that provides relationship-building and communication training to clinicians and health care teams in both human and veterinary medicine.

*Reserve your spot by May 8!*

\*Class size limited to 12  
Limited scholarships available

#### REGISTRATION\*

Contact Mary Lou Hanley  
415-561-3232

[marylou@rockroseinstitute.org](mailto:marylou@rockroseinstitute.org)

#### INFORMATION

[www.rockroseinstitute.org](http://www.rockroseinstitute.org)  
[majaramsey@rockroseinstitute.org](mailto:majaramsey@rockroseinstitute.org)

#### TUITION

\$600 (horses provided)

Proceeds donated to  
RockRose Institute and Institute for  
Healthcare Communication

#### SCHEDULE

Friday, June 22, 1:30 pm - 4 pm

Saturday, June 23, 9 am - 4 pm

Sunday, June 24, 9 am - 12 pm

#### LOCATION

RockRose Ranch - Nicasio, CA  
(Marin County)

#### ACCOMMODATIONS

Olema Inn - 415-633-9559  
[www.theolemainn.com](http://www.theolemainn.com) \$200/night

Point Reyes Seashore Lodge  
800-404-5634  
[www.pointreyesseashore.com](http://www.pointreyesseashore.com)  
\$135-\$295/night

Roundstone Inn - 415-633-1020  
[www.roundstoneinn.com](http://www.roundstoneinn.com)  
\$155-\$170/night



Kathleen Bonvicini Maja Ramsey

\* Additional contributions to support RockRose Institute contact [marylou@rockroseinstitute.org](mailto:marylou@rockroseinstitute.org)